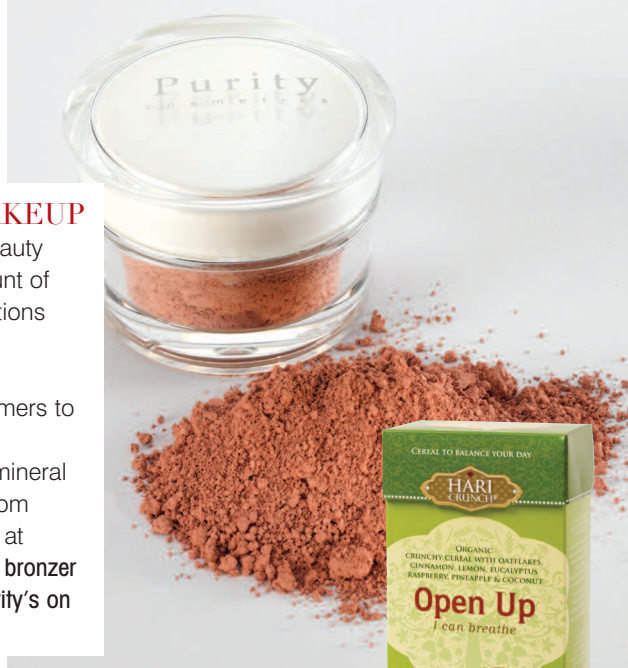


## 'GOOD FOR YOUR SKIN' MINERAL MAKEUP

Do you ever check the ingredients in your everyday beauty products? Many of us would be surprised by the amount of artificial chemical ingredients that are actually in our lotions and potions, all which get absorbed in to your skin.

Media coverage of the danger of continual use of ingredients such as Parabens, has encouraged consumers to demand products that do not contain any of these.

Made entirely from crushed natural minerals, Purity mineral makeup gives a flawless look and is completely free from chemicals, additives, fillers and parabens, all available at affordable prices, (foundation costs **£12.99**, blusher and bronzer costs **£10.99** and eyeshadows cost **£3.50** each) from Purity's on line boutique [www.puritycosmetics.co.uk](http://www.puritycosmetics.co.uk)



# Tried & tested

Wellbeing new products for you and your family...

## BRING THE TEMPLE HOME

Add a little spice to the start your day with Hari Tea and Hari Crunch Cereal.

Hari Tea is a new range of luxury organic teas based on Yogic and Ayurvedic traditions,

Eleven delicious combinations to support one of four identified states – Mental, Spiritual, Inspirational and Physical.

Hari Tea put into practise things no other tea company would dare to try - for instance: blending subtle green tea with cool mint and hot chilli; marrying captivating linden flower and chamomile;

or blending exotic black tea and chai spices with fragrant rose petals.

Using only organic loose tea, herbs and spices, hand-crafted, 100% cotton teabags the loose tea mixtures relax completely and release their full flavours.

Hari Crunch is a luxury organic cereals also based on Yogic and Ayurvedic traditions, designed to help the body feel vibrant and rejuvenated.

A choice of three exotic flavours - Open Up, Let's Rock and All Clear. **£3.99** Price **£3.99** per box (16 tea bags), Cereal Box **£3.99** Available: Partridges, Whole Foods or [www.yogamatters.com](http://www.yogamatters.com), [www.haritea.com](http://www.haritea.com)



## JUST THE TONIC

In 2002, school friends, Marcus Waley-Cohen and Harry Briggs set out to create a healthy, natural and innovative energy drinks company.

Fed up with the chemically laden sugary drinks they both consumed in a bid to stave off tiredness and stress in their city jobs, the old school buddies saw a window of opportunity.

They consulted Britain's leading herbalists Andrew Chevallier and Michael McIntyre in the search for herbs that could detox,

wake up and focus the mind. They came up with a healthy blend of tonics that both tasted and looked great.

Firefly's ethos is about 'getting the most out of life', but the environment is equally important to the company.

The range which includes Wake Up (Peach and Green Tea), Detox (Lemon, Lime

and Ginger) Sharpen Up (Grapefruit and Passionfruit) and Recharge (Pomegranate, Lime and Elderflower) are available from Waitrose, Ocado, Holland & Barrett, Whole Foods Market, Coffee Republic and Harvey Nichols priced from **£1.49**. [www.fireflytonics.com](http://www.fireflytonics.com)

